

Optional Tours

Akta Lakota Museum South Dakota Hall of Fame

Akta Lakota Museum - Experience Lakota Sioux culture and history at its best. Art, artefacts and educational displays in the museum's collection honor the proud Lakota (Sioux) heritage and culture. The museum also houses a Collector's Gallery, which gives local artists a venue to display and sell their work. Relax next to the fountain and listen for the bell chimes.

South Dakota Hall of Fame dedicates itself to the honoring of South Dakota people: past, present and future! The Hall of Fame honors South Dakotans and their contributions to the development and heritage of the state. It also features a gift shop for your shopping pleasure. The people of our state are as diverse as the landscape.

**3pm—5pm Thursday
No Cost To Participate**

Central South Dakota Ranch Tour

We have put together a tour that will visit area ranches that are incorporating some new and improved techniques, including multi species grazing techniques, Mob grazing and Dung beetles...just to name a few. It is open to everyone—ladies and your-spouses. We encourage you to bring your husbands with you. This tour is great way for them to spend the afternoon.

**1pm—5pm Thursday
Cost: \$25.00 per person**

Missouri River Fishing

If your husbands are interested in a fishing trip while we meet, we can arrange for a guided outing for them. Please contact Julie Holmquist **BEFORE April 1st** if you are interested. (605)473-5356 or email her at holmquist2005@yahoo..com

Guide Fees Will Apply

Hotel Information

All Events and Room Block at:
AmericInn
1981 E King Street
Chamberlain, SD 57325
(605)734-0985
www.americinn.com/hotels/SD/Chamberlain



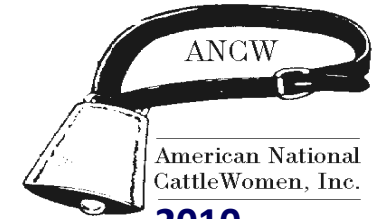
AmericInn Lodge & Suites of Chamberlain is the perfect hotel for business, leisure or group stays. We are conveniently located off of US Interstate 90 on the east side of Chamberlain. Welcome to a warm smile, great service, an inviting pool, free breakfast, and quiet nights!

Block Name: Prime Cattlewomen
Rate: \$69.99 per night single or double
Deadline: May 1, 2010



**South Dakota CattleWomen
Region 7 Planning Committee**

Lisa Dorschner
904 Primrose Lane
Pierre, SD 57501
(605)224-5503
TLDorschner@pie.midco.net



2010

**Region 7
Meeting**

**Building
Bridges with
BEEF**



**“The Perfect Oasis”
Chamberlain
South Dakota**

May 13-15, 2010

Connect ~ Collaborate ~ Educate ~ Inspire

Thursday, May 13

Optional Tours

Welcome & Introductions
Beef & Wine Reception
An Oasis Evening
Rest, Relaxation, Rejuvenation

Friday, May 14

Fun Run/Walk—Powered by Beef
ANCW Reports
Committee Reports
State Reports
“Creating Crave...The Beef Factor”
Holly Swee, South Dakota Beef Industry Council
Beef Salad Luncheon
Featuring State Beef Cook off Recipes

Friday, May 14 — Continued

Real CattleWomen Style Show
“Putting Social Networking to Work
for the Beef Industry”
Amanda Nolz, Editor *Beef Daily*
“Beautiful Bovine”
Lisa Dorschner, SD Ag in the Classroom
BEEF Creative ~ Flower Arranging
Steak Dinner and Evening Entertainment
Silent Auction ~2011 NBAP Benefit

Saturday, May 15

Fun Run/Walk—Powered by Beef
ANCW Program
Round Table Discussions
Lunch at Lewis & Clark Interpretive Center

Building Bridges with Beef...

South Dakota CattleWomen invite you to the ANCW Region 7 Meeting in Chamberlain, SD. Prime Cattlewomen will be hosting the 3 day retreat May 13-15, 2010. This is an amazing opportunity to network with women who share your passion for the Beef Industry. Like Girls' Weekends, Scrap booking Retreats or Shopping Trips, our Region Meeting is the place where you can meet other Cattlewomen and share stories about your experiences—in a language only Cattlewomen understand! This is an opportunity to meet new friends, catch up with old friends and renew your passion for our industry. Mark your calendars....see you in Chamberlain!

The Perfect Oasis...

Our community rests on the banks of the grand Missouri River - a river awash in the history and culture of our land. The great life with a view! Many travelers tend to bump into us as they cross South Dakota via Interstate 90. It's usually a quick meeting, but they just can't forget our beloved Missouri River. They find themselves wanting to spend a few more hours, a few more days enjoying our scenic beauty on the banks of the mighty river.

Holly Swee, SDBIC Director of Nutrition... a registered dietician and licensed nutritionist, and a graduate of Mount Marty College in nutrition and food science. Swee received her dietician and nutritionist credentials in 2002. She interned in nutrition education positions, and most recently served as healthcare account manager for U.S. Foodservice, working with two of South Dakota's major healthcare providers. She is a member of both the American Dietetics Association and the South Dakota Dietetics Association. She and her husband, Troy, raise cattle outside of Beresford, S.D.

Amanda Nolz... a fifth-generation rancher from Mitchell, SD, and a recent South Dakota State University graduate. She grew up on a Limousin purebred cattle operation in which she's still very active. She's the 2006 National FFA Extemporaneous Speaking champion, and the 2006 National Beef Ambassador. And she's served previous internships with USDA's Ag Marketing Service in Washington D.C, and the National Cattlewomen's Beef Association in Denver, CO.

Lewis & Clark Interpretive Center - The state of the art rest area and information center is a traveler's favorite. From the 55 foot replica keelboat, to the interpretive panels the center provides a history lesson for Lewis & Clark's journey through South Dakota. If you're looking to stretch your legs a bit, follow one of the trails that overlooks the Missouri River.

Registration Form

Registration Options:	Date	Price
<input type="checkbox"/> Full Conference Registration	5/13-5/15	\$50.00
<input type="checkbox"/> Thursday Reception Only or Guest	5/13	\$15.00
<input type="checkbox"/> Friday Only Full Day Registration	5/14	\$35.00
<input type="checkbox"/> Friday Night Steak Fry Only or Guest	5/14	\$30.00
<input type="checkbox"/> Saturday Only Half Day Registration	5/15	\$15.00
<input type="checkbox"/> Fun Run/Walk Participant	5/14-5/15	N/C
<input type="checkbox"/> Akta Lakota/Hall of Fame Tour	5/14	N/C
<input type="checkbox"/> Ranch Tour	5/14	\$25.00

Total: _____

Name _____

Address _____

City, State, Zip _____

Phone _____

Email Address _____

Method of Payment

Check Included

Please Indicate T-Shirt Size for Fun Run/Walk

Small

Medium

Large

Extra Large

2 Extra Large

Registration Deadline April 30, 2010 Return This Form and Payment To:

South Dakota CattleWomen
Region 7 Planning Committee

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